



## **Support for Radiation Therapy**

### **Before radiation (begin one week prior)**

- Good quality multivitamin and mineral such as Multiplex with out iron by Tyler
- Melatonin 20mg before bed (continue at this dosage until cancer is in remission)
- L-glutamine 3gram/tsp take 3 tsp two times daily
- Avemar one packet one time daily away from other supplements. (Fermented wheat germ extract with good clinical results developed in Hungary)

### **During radiation add:**

- Vitamin C 500 to 1000 mg three times daily
- Vitamin E 400 to 800 IU daily
- Quercetin 300 mg daily for head and neck cancers (continue for at least one month after radiation treatment)
- Or
- Ayer-Curcumin 300mg daily
  
- Coriolus Versicolor 500mg tabs take 6 daily with meals continue until cancer is in remission

### **Post Radiation add:**

- Ultra Pure fish oil 1 tsp daily added to a shake or at beginning of meals to provide 2200mg EPA and 750mg DHA
- Probiotic may also be taken at this time such as Primal Defense
- BioAlkalizer 3 tsp daily
- Aromatherapy: Rose essential oil one drop three times daily applied with out dilution to heart area. (This can be purchased through Wisdom of the Earth 1-888-817-8955 for greatest purity)